



Cedar Valley Bone Health Institute
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Paying for Medication for Your Osteoporosis

All medications for osteoporosis are covered by insurance. The degree to which they are covered varies considerably from one policy to another. The information demanded by the insurance company (including Medicare plans) varies considerably from one policy to another. Often one or more medications will require little paperwork while others require much more.

Our Staff will work with each patient to obtain the best possible coverage for your osteoporosis medication. Sometimes this delays the start of your treatment by a week or two.

Even if your insurance refuses coverage for your osteoporosis medication, we usually can apply for special consideration from the drug company which manufactures your medication. The Federal Government carefully monitors the manufacturer's discount plans to make sure only qualifying persons are given medications at a very deep discount. The manufacturers must follow the Federal Guidelines. Of course this means paperwork. Our Staff will help you obtain and fill out the paperwork.

Calcium is in foods and in supplements. Generic Calcium pills are inexpensive. Brand names are more expensive. Chocolate chews are often more expensive yet, although store brands are less expensive than brand names.

Vitamin D3 is available in 1000 unit tablets from Hy-Vee, Wal-Mart, and some others for less than 4 cents a day. Brand names are more expensive. Everyone should be taking Vitamin D3.

Some patients are seriously deficient in Vitamin D and need to take mega-dose D to catch up. The Vitamin D2 50,000 units mega-dose is by prescription only. Most insurance plans will cover this with the proper paperwork.

Remember, the cost of medication is cheap compared to the out-of-pocket and lifestyle costs of a fracture from osteoporosis.